



Think and Share Guided Conversation



1) Please help me understand what happened during _____ class.

2) Help me understand what you might have been thinking and feeling when you_____.



Scared

Sad

Mad

Silly

Tired

Bored

Not sure why

3) Was there anything I could have done differently to help you manage your feelings?

4) Let's talk about how your actions made others feel and what you can do to make the situation better.



Scared

Sad

Mad

Annoyed

5) Let's talk about some different choices to make next time. (see back side for ideas)

Student Name: _____ Date: _____

Staff Member Name: _____ Class: _____

Possible Classroom Managed Behaviors	Possible Ways to Make Situation Better
<p style="text-align: center;">RESPECTFUL</p> <p>Not following adult directions with no more than 2 reminders</p> <p style="padding-left: 40px;">Talking back to adult</p> <p style="padding-left: 40px;">Using inappropriate language</p> <p style="padding-left: 40px;">Teasing others</p> <p style="padding-left: 40px;">Mistreating materials</p>	<p style="text-align: center;">RESPECTFUL</p> <p style="padding-left: 40px;">Apologize (<i>I'm sorry for _____.</i>)</p> <p style="padding-left: 40px;">Use kind words</p> <p style="padding-left: 40px;">Fix material if broken or help to clean up mess.</p>
<p style="text-align: center;">INSPIRE</p> <p style="padding-left: 40px;">Blaming others for behavior</p> <p style="padding-left: 40px;">Giving up when task is challenging (tough) Avoiding work</p> <p style="padding-left: 40px;">Rushes through work</p>	<p style="text-align: center;">INSPIRE</p> <p style="padding-left: 40px;">Own my behavior (<i>I chose to ___ because...</i>)</p> <p style="padding-left: 40px;">Use my struggle muscle Ask for help Get back to work</p> <p style="padding-left: 40px;">Take my time to complete work accurately (the right way)</p>
<p style="text-align: center;">SELF-CONTROL</p> <p style="padding-left: 40px;">Reacting inappropriately verbally or physically</p> <p style="padding-left: 40px;">Use unkind words</p>	<p style="text-align: center;">SELF-CONTROL</p> <p style="padding-left: 40px;">Use words to ask another student to stop</p> <p style="padding-left: 40px;">Remove myself from situation to calm down</p> <p style="padding-left: 40px;">Ask for adult help</p> <p style="padding-left: 40px;">Apologize (<i>I'm sorry for _____.</i>)</p>
<p style="text-align: center;">EMPATHY</p> <p style="padding-left: 40px;">Leaving people out (recess/lunch)</p> <p style="padding-left: 40px;">Not listening to other student's ideas</p> <p style="padding-left: 40px;">Teasing others</p> <p style="padding-left: 40px;">Using inappropriate language/unkind words</p>	<p style="text-align: center;">EMPATHY</p> <p style="padding-left: 40px;">Apologize (<i>I'm sorry for _____.</i>)</p> <p style="padding-left: 40px;">Own my behavior (<i>I chose to _____ because...</i>)</p> <p style="padding-left: 40px;">Use kind words</p>

After our conversation, this student may need more support with:

- ❑ **Self-Awareness** (i.e. identifying emotions, accurate self-perception, self-confidence, self-efficacy)
- ❑ **Self Management** (i.e. impulse control, stress management, self discipline/motivation, goal setting, organization skills)
- ❑ **Social Awareness** (i.e. perspective-taking, empathy, respect for others, appreciating diversity)
- ❑ **Relationship Skills** (i.e. communication, social engagement, relationship building, teamwork)
- ❑ **Responsible Decision Making** (i.e. identifying problems, analyzing situations, solving problems, reflecting)

