



**TSES Students**  
***RISE***  
**to the challenge**



**Respectful**

I agree to treat others the way I would like to be treated.

I agree to listen when someone is speaking to me.

I agree to follow directions from ALL staff members with no more than 2 reminders.

I agree to treat all materials in a respectful and gentle way.

**Inspire**

I agree to show the best version of myself.

I agree to encourage others to show the best version of themselves.

I agree to think about my choices and "own" them (take responsibility for them).

I agree to show kindness.

I agree to show a positive attitude and a growth mindset.

I agree to show my best effort and to work hard.

I agree to use my struggle muscle and not give up.

**Self-Control**

I agree to think before I react.

I agree to seek alternatives (talk, walk, rock/paper/scissors) to verbal and physical conflicts.

I agree to ask a staff member for help if I need his or her assistance with a problem.

I agree to use kind language in all areas of the building.

I agree to keep hands, feet, body and objects to myself.

I agree to walk quietly when I move from one area to another in the school building.

**Empathy**

I agree to try my best to understand how other's feel.

I agree to think about how my choices/actions may have made others feel.

I agree to see with the eyes of another.

I agree to listen with the ears of another.

I agree to feel with the heart of another.